Catholic Social Services of Lansing/ St Vincent Home
Foster Grandparent/Senior Companion Programs – From At-Risk — to Safe — to Thriving

Activities Initial Outcomes Intermediate Outcomes Long-term Outcomes

Staff recruit train, assign, supervise and support volunteers

Staff match volunteers with volunteer opportunities

Staff conducts Volunteer Orientation and ongoing in-services

Volunteers provide services to others

Recognition Events

Volunteer understands role and expectations of volunteer job

Volunteer understands how to get needs met and solve problems related to his/her volunteer assignment

Volunteer believes that they are making a valuable contribution

Ability to ask for help when needed or offered
Capacity to adapt to change and adversity
Finds some sources of humor/has capacity to laugh

Capacity to find creative and constructive outlets
Ability to feel, give and receive love
Ability to positively relate to others
* Establish mutually satisfying relationships
Ability to achieve a sense of fulfillment and purpose

Capacity to embrace strengths and abilities
Desires growth
* Participate in meaningful activity
Ability to have a positive outlook on life
* Maintain community connections

Senior volunteers who are resilient

Senior volunteers who express feeling and emotion

Senior volunteers who are emotionally healthy

Senior volunteers who have a positive identity

* = CAUW Outcome
<table>
<thead>
<tr>
<th>Activities</th>
<th>Initial Outcomes</th>
<th>Intermediate Outcomes</th>
<th>Long-term Outcomes</th>
</tr>
</thead>
<tbody>
<tr>
<td>Volunteer host site provides daily meal</td>
<td>Senior volunteer has increased access to transportation and mobility services</td>
<td>Has access to affordable, reliable transport that allows ability to access basic community resources</td>
<td>Senior volunteers who have increased access to transportation and mobility services</td>
</tr>
<tr>
<td>Senior volunteer programs schedules and pays</td>
<td>Senior volunteer has increased access to health care services that meet their</td>
<td>Has at least an annual physical and follow through with recommendations</td>
<td>Senior volunteers who have increased access to health care services that meet their needs</td>
</tr>
<tr>
<td>for annual physical</td>
<td>needs</td>
<td>Sound basic health, fitness, hygiene practices, seeks timely treatment</td>
<td>Senior volunteers who have increased access to health care services that meet their needs</td>
</tr>
<tr>
<td>Senior volunteers paid a stipend</td>
<td></td>
<td>Supplemental income to help meet basic budget needs</td>
<td>Senior volunteers who meet their budget/income needs</td>
</tr>
<tr>
<td>Ongoing volunteer in-services</td>
<td></td>
<td>Can advocate for self with assistance</td>
<td>Senior volunteers who possess social skills</td>
</tr>
<tr>
<td>Staff support senior volunteers in</td>
<td></td>
<td>Can identify and access resources with assistance</td>
<td>Senior Volunteers who have enhanced physical health</td>
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<tr>
<td>accessing community resources</td>
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</tbody>
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11/10/02
Activities

1. Recognition Events
   - Volunteer believes that they are making a valuable contribution

2. Staff conducts volunteer orientation and ongoing in-services
   - Volunteers believe that volunteer work is personally beneficial

3. Volunteers provide service to others

Initial Outcomes

- Volunteer believes that they are making a valuable contribution
- Volunteers believe that volunteer work is personally beneficial
- Volunteers provide service to others

Intermediate Outcomes

- Has some sense of personal effectiveness
- Has ability to experience enjoyment and appreciation of self and in others
- Has ability to accept self and others
- Has ability to find meaning in life and life events
- Ability to nurture relationships
- Serves others
- Persons served by volunteer
  - * Find companionship with volunteer
  - * Are engaged in meaningful activity

Long-term Outcomes

- Senior volunteers who are growing spiritually
  - Senior volunteers who maintain spirit in relationships
  - Senior volunteers who are spiritually healthy
  - Volunteer contributes to the emotional, physical and spiritual health of others

* = CAUW Outcome

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