Catholic Social Services of Lansing/St Vincent Home, Inc.
Intensive Foster Care – From At-Risk – to Safe – to *Thriving*

**Activities**
- Develop plan to address negative behaviors
- Consult and support foster parents to provide a secure therapeutic home
- Therapy
- Case Management
- Consultation

**Initial Outcomes**
- Learn and Understand to change negative behaviors
- Modeling, Mapping, Being Proactive, Practicing
- Verbally acknowledge personal losses
- Learn and Understand Communication Skills
- Learn and Understand Trust

**Intermediate Outcomes**
Demonstrate an ability to:
- Change negative behaviors
- Manage realistic rules and conflict
- Participate in their educational plan
- Ask for help when needed or offered
- Adapt to change and adversity
- Grieve Loss
- Find humor and laugh
- Cope with anxiety and tension
- Feel, give and receive love and intimacy
- Adapt to change and adversity
- Make age appropriate life decisions
- Find creative and constructive outlets and to channel feelings constructively
- Achieve a sense of age appropriate fulfillment and purpose
- Positively relate to others; establish mutually satisfying relationships
- Have a realistic/positive outlook on life
- Desire positive change
- Accept self by understanding strengths and limitations
- Take Responsibility

**Long-term Outcomes**
- Safe Foster Children who are resilient
- Safe Foster Children who feel and express emotion
- Safe Foster Children who have a positive identity
- Foster Care Youth who are emotionally safe

01/25/03
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**Activities**
- Provide safe foster home
- Volunteer Tutoring program
- Educational support and planning
- Individual Therapy
- Group Therapy

**Initial Outcomes**
- Youth who understand and learn practices that contribute to fitness, proper nutrition, hygiene and health
- Youth who believe school and learning is important. Youth who learn study and homework skills
- Youth understands and learns coping and emotional management skills
- Youth begins to have a sense of value worth and purpose
- Youth who learn and understand the effects of drug and alcohol abuse

**Intermediate Outcomes**
- Access to medical care as needed
- Consistent level of school attendance
- Ability to analyze problems and select appropriate solutions
- Ability to act as a responsible citizen
- Ability to seek to resolve conflict peacefully

**Long-term Outcomes**
- Youth whose health care needs are met
- Youth whose educational needs are met
- Youth who possess social skills
- Youth who are physically safe

**Bold** = Search Institute Developmental Assets
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<table>
<thead>
<tr>
<th>Activities</th>
<th>Initial Outcomes</th>
<th>Intermediate Outcomes</th>
<th>Long-term Outcomes</th>
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</thead>
<tbody>
<tr>
<td>Foster Parents respect and honor youths spiritual practice</td>
<td>Seeks reconciliation Has some sense of personal effectiveness Has ability to experience enjoyment and appreciation in self and others</td>
<td>Youth who are growing spiritually</td>
<td>Youth who are spiritually safe</td>
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<tr>
<td>Ability to nurture relationships Seeks forgiveness of self and others</td>
<td></td>
<td>Youth who maintain spirit in relationships</td>
<td></td>
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