Catholic Social Services of Lansing/ St. Vincent Home
Long-term Residential Treatment: From At-Risk — to Safe — to Thriving

Activities
- Psychiatric evaluation and medication reviews as needed
- Provide safe and therapeutic milieu
- Therapeutic program and activities that address needs in the following areas:
  - Recreational Activities
  - Cultural Activities
  - Spiritual/Religious
  - Community Access
  - Health and fitness activities
- Educational support/planning
  - Volunteer Tutoring program
- Individual Therapy
  - Group Therapy
- When possible and appropriate: Family Therapy
  - Family Visits
- Provide ongoing emotional, physical assessment for most appropriate next placement

Initial Outcomes
- Youth recognizes the benefit of medications
- Youth who understand and learn practices that contribute to fitness, proper nutrition, hygiene and health
- Youth who believe school and learning is important.
- Youth who learn study and homework skills
- Youth understands and learns coping and emotional management skills
- Youth begins to have a sense of value worth and purpose
- Child and family want to maintain and improve relationship.
- Child and family engage in family therapy
- Child and family maintain family visits

Intermediate Outcomes
- Youth cooperates with medication
- Access to medical care as needed
- Sound basic health, fitness, hygiene practices
- Consistent level of school attendance
- Few discipline problems
- Participate in education as directed.
  - Actively engaged in learning
    - Child has an educational plan appropriate to his/her needs
- Children engage in regular recreational activities
- Able to analyze problems and select appropriate solutions
- Follows expectations of the environment
- Acts as a responsible citizen
  - Knowledge of and comfort with people of different cultural/ethnic backgrounds.
  - Seek to resolve conflict peacefully
- Positive extended family support
  - Sense of family unit
  - Family feels a part of the community
  - Members physically safe, emotionally secure; seek to change negative behavior

Long-term Outcomes
- Youth whose health care needs are met
- Youth whose educational needs are met
- Youth who possess social skills
- Youth who establish and maintain family relationships
- Youth is able to live in a family setting in the community

*Bold = Search Institute Developmental Assets
Youth who are growing spiritually
Seeks reconciliation
Has some sense of personal effectiveness
Has ability to experience enjoyment and appreciation in self and others
Youth who maintain spirit in relationships.
Youth who are spiritually healthy
Youth who are growing spiritually

Youth who have a sense of value worth and purpose
Youth has the ability to utilize spiritual resources
Youth learns the value of spiritual practice
Ability to nurture relationships
Seeks forgiveness of self and others

Activities
Spiritual Support Program
Chaplain Activities
Assistance in participating in religious services of choice
Spiritual Support

Initial Outcomes

Intermediate Outcomes

Long-term Outcomes

Bold = Search Institute Developmental Assets

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Activities
Initial Outcomes
Intermediate Outcomes
Long-term Outcomes

1/24/03