Catholic Social Services of Lansing/ St Vincent Home

Project Clay – From At-Risk – to Safe – to Thriving

### Activities
- Staff will provide youth with transportation to and from the Center to participate in programming for their age group one evening per week for three hours
- Young people who are served by the program are in contact with staff and volunteers who serve as mentors.
- Staff and volunteers are role models and teach active listening, cooperation and respect
- Staff facilitate skill building
- Group Social and Recreational Programming:
  - Service Activities
  - Drug and Alcohol Abuse prevention
  - Peaceful Conflict resolution
  - Cultural Competency and Tolerance
  - Tutoring and Homework assistance

### Initial Outcomes
- Youth understand, learn and practice tolerance, conflict resolution, active listening, cooperation and respect skills

### Intermediate Outcomes
- Ability to ask for help when needed or offered
  - Receives support from 3 or more non-parent adults
  - Spends three or more hours per week in community organization
- Capacity to find creative and constructive outlets
- Ability to positively relate to others
- Capacity to embrace strengths and abilities
- Ability to accept self
  - Optimistic about her or his personal future
  - Accepts and takes personal responsibility
- Ability to engage in meaningful activities

### Long-term Outcomes
- Youth who are resilient
- Youth who express feeling and emotion
- Youth who are emotionally healthy
- Youth who have a Positive Identity

**Bold** = Search Institute Developmental Assets

* = CAUW Outcome Indicator

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**Activities**
- Group Social and Recreational Programming:
  - **Service Activities**
  - Drug and Alcohol Abuse prevention
  - **Peaceful Conflict resolution**
  - **Cultural Competency and Tolerance**
- Tutoring and homework assistance
- Program staff and volunteers will model and facilitate tolerance, peaceful conflict resolution and social skill development while emphasizing cooperation, respect and active listening

**Initial Outcomes**
- Youth learn and understand the effects of drug and alcohol abuse
- Youth who believe school and learning is important
- Youth who learn study and homework skills

**Intermediate Outcomes**
- Consistent level of school attendance
- Passing marks in all subjects
- Few discipline problems
- Get along with other students
- Participate in education as directed
  * Actively engaged in learning
- Youth understand, learn and practice tolerance, conflict resolution, active listening, cooperation and respect skills
- Able to analyze problems and select appropriate solutions
- Act as responsible citizens.
- Can move through the environment and culture with ease
  * Knowledge of and comfort with people of different cultural/ethnic backgrounds.
  * Seek to resolve conflict peacefully

**Long-term Outcomes**
- Youth who do not abuse drugs or alcohol
- Youth whose educational needs are met
- Youth who are physically healthy
- Youth who possess social skills
- Youth who believe school and learning is important
- Youth who learn study and homework skills
- Positive extended family support. Families feel a part of the community
- Families who establish and maintain family relations.

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Activities Initial Outcomes Intermediate Outcomes Long-term Outcomes

Program staff and volunteers will model and facilitate tolerance, peaceful conflict resolution and social skill development while emphasizing cooperation, respect and active listening

Youth understand, learn and practice tolerance, conflict resolution, active listening, cooperation and respect skills.

Seeks reconciliation
Has some sense of personal effectiveness
Has ability to experience enjoyment and appreciation in self and others.

Youth who are growing spiritually
Youth who are spiritually healthy

Youth who maintain spirit in relationships

Staff and youth complete community service projects

Group participates in Prayer and/or Reflection

Youth learns the value of spiritual practice

Ability to nurture relationships
Serves others
Seeks forgiveness of self and others

Youth who maintain spirit in relationships

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