Catholic Social Services of Lansing/ St Vincent Home Shield Program – From At-Risk – to Safe – to *Thriving*

**Activities**

- Mentors receive monthly training to prepare them to serve youth
- Mentors establish positive supportive relationships with youth
- Mentors/Adults model positive, responsible behavior and form supportive relationships with youth
- Mentors meet weekly with their youth for 4-8 hours
- Mentors maintain regular contact with youth's caseworker to assure that mentoring activities address the social and emotional needs identified in the service plan
- Mentors help youth identify and develop their individual strengths through purposeful activities

**Initial Outcomes**

- Mentors understand the needs of the youth served and have the skills needed to serve them effectively
- Youth value and use the mentor relationship to reach their personal goals

**Intermediate Outcomes**

- Ability to ask for help when needed or offered
- Copes with tension and anxiety
- Capacity to adapt to change and adversity
- Capacity to find creative and constructive outlets
- Ability to positively relate to others
- Ability to establish mutually satisfying relationships
- Ability to accept self
- Has the ability to have a positive outlook on life
- Ability to take responsibility for self

**Long-term Outcomes**

- Youth who are resilient
- Youth who express feeling and emotion
- Youth who have a positive identity/positive self-esteem

**Bold** = Search Institute Developmental Assets

* = CAUW Outcome Indicator
Catholic Social Services of Lansing/ St Vincent Home
Shield Program – From At-Risk – to Safe – to Thriving

**Activities**
- Mentors will include academic-based activities including tutoring and homework, attending classes and school activities
- Mentors work with youth instructing and role modeling appropriate responses
- Mentors expose youth to a variety of community and home-based activities

**Initial Outcomes**
- Youth learns strategies to be successful in school
- Youth understands patterns in interactions with family members and other adults and learn positive adaptive social and interpersonal skills
- Youth develop interests and learn to structure their free time with positive activities

**Intermediate Outcomes**
- Consistent level of school attendance
- Passing marks in all subjects
- Few discipline problems in school
- Participate in education as directed and maintains positive attitude towards academics
- Positive extended family support
- Feels a part of the community
- Sense of family unit
- Ability to maintain meaningful relationships
- Maintains positive relationships with SHIELD mentor
- Able to analyze problems, select appropriate solutions, and peacefully resolve conflicts with assistance
- Can act as a responsible citizen with assistance
- Follows the law with minor infractions
- Can identify rights and obligations with assistance
- Can advocate for self and family with assistance

**Long-term Outcomes**
- Youth whose educational needs are met
- Youth who have supportive relationships
- Youth who are physically safe
- Youth who possess social skills

**Bold** = Search Institute Developmental Assets
* = CAUW Outcome Indicator

See activities and initial outcomes on page 1 (Emotional Health)

Activities Initial Outcomes Intermediate Outcomes Long-term Outcomes