Catholic Social Services of Lansing/ St Vincent Home
Ballentine Stepping Stones: From At-Risk — to Safe — to Thriving

Activities
- Case Management
- Referral and Follow Up
- Parent's Group
- Children’s Group

Initial Outcomes
- Mothers understand the needs of their children
- Mothers who believe emotional well-being is important.
- Mothers who understand and learn strategies to achieve resiliency, positive identity and to positively express feelings and emotions.

Intermediate Outcomes
- Ability to make essential life decisions
- Ability to feel, give and receive love.
- Ability to channel feelings constructively
- Ability to positively relate to others.
- Capacity to embrace strengths and abilities
- Ability to accept limitations
- Ability to accept self
- Ability to take responsibility for self

Long-term Outcomes
- Mothers who are resilient
- Mothers and children who feel and express emotion
- Mothers and children who have a positive identity
- Mothers who meet their children's emotional needs

Case Management
Parent’s Group
Children’s Group
Activities Initial Outcomes Intermediate Outcomes Long-term Outcomes
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**Activities**
- Case Management
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- Pantry Supply

**Initial Outcomes**
- Mothers understand the needs of their children
- Mothers who believe physical well-being is important.
- Mothers who understand and learn strategies to meet their own and their children’s physical well-being
- Mothers acquire knowledge of community resources

**Intermediate Outcomes**
- Family remains in safe and affordable housing. Mothers maintain a safe and clean home environment
- Sound basic health, fitness, hygiene practices
- Mothers obtain medical and mental health services for themselves and their children
- No drug or alcohol abuse in immediate family – mothers clean and sober
- Mothers discuss use of drugs and alcohol with children and model appropriate behavior
- Plans and sticks to monthly budget, saves when possible
- Pays bills on time delays purchases to handle debt load
- Mothers maintain employment
- Sets and pursues short term career and personal goals
- Consistent levels of attendance
- Children actively participate in education as directed
- Children who live with parents and or guardians and are physically and emotionally safe
- Realistic rules, manageable conflict
- Mothers provide structure and appropriate discipline
- Children usually happy, outgoing, little violence or aggression

**Long-term Outcomes**
- Mothers who meet their families shelter needs
- Mothers who meet their children’s healthcare needs
- Mothers who don’t abuse drugs and alcohol
- Mothers who meet their income/budget needs
- Mothers who meet their employment or educational needs
- Mothers who meet their children’s parenting needs
- Mothers who meet their children’s physical needs
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Initial Outcomes
- Initial Outcomes from previous page
- Mothers feel a part of the community
- Mothers understand the needs of their children
- Mothers who understand and learn strategies to grow spiritually and to maintain spirit in relationships
- Mothers who believe emotional well-being is important

Intermediate Outcomes
- Family develops and maintains supportive community relationships
- Mothers create a sense of a family unit
- Members physically safe, emotionally secure; seek to change negative habits
- Able to analyze problems and select appropriate solutions with assistance
- Mothers act as responsible citizens and role model appropriate behavior
- Can advocate for self and family
- Can identify and access resources
- Has some sense of personal effectiveness
- Has ability to experience enjoyment and appreciation in self and others
- Has ability to accept self and others
- Recognizes things that cannot be changed
- Ability to nurture relationships
- Serves others
- Seeks forgiveness of self and others

Long-term Outcomes
- Mothers who establish and maintain family relations
- Mothers who meet their own and their children's physical needs
- Mothers who possess social skills
- Families who are growing spiritually
- Mothers who meet their own and their children's spiritual needs
- Families who maintain spirit in relationships