Youth understands and learns coping and emotional management skills.

Youth begins to have a sense of value worth and purpose.

Begins to demonstrate the:
- Ability to grieve loss
- Ability to ask for help when needed or offered
- Ability to cope with tension and anxiety
- Capacity to adapt to change and adversity
- Ability to find some sources of humor/capacity to laugh

Capacity to find creative and constructive outlets.
- Ability to channel feelings constructively
- Ability to positively relate to others

Capacity to embrace strengths and abilities
- Ability to Accept and take personal responsibility
- Ability to engage in meaningful activities

Youth who are resilient
Youth who express feeling and emotion
Youth who are emotionally safe
Youth who have a Positive Identity
Youth placed in the most appropriate placement w/ 50-60% placed in less restrictive settings
Activities
- Provide safe and therapeutic milieu
- Therapeutic program and activities that address needs in the following areas:
  - Recreational Activities
  - Cultural Activities
  - Spiritual/Religious
  - Community Access
  - Health and fitness activities
  - Educational support
- Volunteer Tutoring program
  - Educational support and planning
- Individual Therapy
  - Group Therapy
- Family Therapy
  - Family Visits

Initial Outcomes
- Youth who understand and learn practices that contribute to fitness, proper nutrition, hygiene and health
- Youth who believe school and learning is important. Youth who learn study and homework skills
- Youth understands and learns coping and emotional management skills
- Youth begins to have a sense of value worth and purpose
- Child and family want to maintain and improve relationship
  - Child and family engage in family therapy
  - Child and family maintain family visits

Intermediate Outcomes
- Access to medical care as needed
- Sound basic health, fitness, hygiene practices
- Consistent level of school attendance
- Few discipline problems
- Participate in education as directed
  * Actively engaged in learning
- Children engage in regular recreational activities
- Begins to demonstrate the:
  - Ability to analyze problems and select appropriate solutions
  - Ability to follow expectations of the environment
  - Ability to act as a responsible citizen
    * Knowledge of and comfort with people of different cultural/ethnic backgrounds.
    * Ability to seek to resolve conflict peacefully
- Positive extended family support
- Sense of family unit
- Family feels a part of the community
- Members physically safe, emotionally secure; seek to change negative behavior

Long-term Outcomes
- Youth whose health care needs are met
- Youth whose educational needs are met
- Youth who possess social skills
- Youth who are physically safe
- Youth who establish and maintain family relationships

**Bold** = Search Institute Developmental Assets

Catholic Social Services of Lansing/ St. Vincent Home
Case Planning Unit: From At-Risk — to Safe — to Thriving

1/24/03
Youth who are growing spiritually

Seeks reconciliation
Has some sense of personal effectiveness
Has ability to experience enjoyment and appreciation in self and others

Youth who are spiritually safe
Youth who are growing spiritually
Youth who maintain spirit in relationships

Activities
Spiritual Support Program
Chaplain activities
Currently being developed

Initial Outcomes
Seeks reconciliation
Has some sense of personal effectiveness
Has ability to experience enjoyment and appreciation in self and others

Intermediate Outcomes
Ability to nurture relationships
Seeks forgiveness of self and others

Long-term Outcomes
Youth who maintain spirit in relationships

Bold = Search Institute Developmental Assets